

December 18, 2023 *Volume* **15** *Number* **47** 1202 N. Belt Line Road Irving, TX 75061 972-790-8606

Web site: www.beltlinechurch.com

Schedule of Services

Sunday: Bible Class 9:00 a.m. AM Worship 10:00 a.m. PM Worship 5:00 p.m.

Wednesday: Bible Study 6:30 p.m.

MINISTER

Doug Post Email: doug.post@beltlinechurch.com

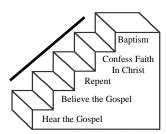
> ELDERS Darrell Allen Richard Renfro Dean Webb

SECRETARIES

Janice Daniel & Jerry Grantham beltlinechurch@sbcglobal.net

THE GOSPEL PLAN OF SALVATION

Hear - Romans 10:17 Believe - John 8:24 Repent - Acts 17:30 Confess - Romans 10:10 Be Baptized - Acts 22:16 Saved - in Christ (Galatians 3:27)



Belt Line Road Church of Christ

...churches of Christ salute you" (Rom 16:16) Established 33 AD

LIVING, OR LIVING WELL? Doug Post

There's a difference in Living and living well You can't have it all by yourself

Something's always missing 'Til you share it with someone else

The above is a line from a George Strait song. It's about sharing life. We are designed not only to exist, but to exist with others. We are designed to share life together. Whether in marriage, through family, or friendship, our lives are meant to be shared. God designed us to be able to take the focus off of ourselves and place it on others, where it rightly belongs. Brethren, this is THE Divine cure for not only our narcissistic tendencies but for enjoying sound mental health.

Most of our mental health issues are the result of sin in our lives. Sin is typically the result of selfishness or self-centeredness (1 John 2:16-17). We are our own worst enemy. Instead of acknowledging others we seek to satisfy and ingratiate ourselves. Somehow, we think that if we please ourselves first, then pleasing others will naturally follow. Not so. The problem with such thinking is that we are never satisfied so we never get around to pleasing others.

However, God is always right. He, of course, knew all of us would have problems and issues in this life, but He also provided us the best way to cope with them. Sharing life with others! One thing we have in common is the need for social interaction, and when that is missing from our lives, we self-destruct. We become easily agitated, angry, intolerable, and cantankerous. When this happens, we have a tendency to sin, demonstrating our bitter attitudes through sinful actions.

Sharing our lives with others means giving others our time, our resources, our help, and our love. The Bible calls that "*one anothering*." Well, that's not a word, but you understand what I mean. The Lord's church is truly the Lord's family, and family always helps each other when help is needed. Quite simply, just being there or acknowledging others goes a long way in helping not only our own mental health, but also the mental health of others. Sharing our lives with one another is a choice – a godly choice. The choice to be unselfish or selfish is always present. An unselfish life is one centered on God and others, not on self. It truly is the difference between merely living and living well.

Yes, the old acronym, **JOY**, still applies: Jesus, Others, Yourself. This is the Divine order. When we begin to practice this order, we will not only find, but we will enjoy that "elusive" abundant peace missing in our lives. Brethren, the whole duty of man is to fear God and keep His commandments (Eccl.12:13). One of those commands is putting others first: "Let nothing be done through selfish ambition or conceit, but in lowliness of mind, let each esteem others better than himself. Let each of you look out not only for his own interests but also for the interests of others. Let this mind be in you which was also in Christ Jesus" (Philip.2:3-5). May the season of JOY be a perpetual one and may we truly live well.

FAMILY NEWS:



Ongoing Health Concerns:Grady Fowler, Polly Roses, Nancy Pond, Jerry Baker, Victor Rathbun
Katherine Cox, Myrtle Wade, Michelle Reed, David West,
Charlotte Burrows, Carol Partridge, Dean Webb, Judy Odom,
Patti Kidd, Kenneth Treadwell, Janice Daniel, Karen Rathbun,

Home Bound Members: Gearldean Jones

<u>Rehab:</u>Elma Lawrence (room #516) and Fernando Ybarra (room #510) – Villages on MacArthur
Polly Roses (room #206) – West Fork Village
Glen Kelly – Christian Care – (room #118) - (Mesquite, Tx.)
Virginia Stull – Morada – (room #B118) – (Grand Prairie, Tx.)

Military: Curtis Vaughan (Navy)

Major Chris & Abby Mathews (Air Force)

UPDATES:

Thomas Rathbun's brother Victor Rathbun is out of the hospital.

Alice Worthy is back at Avante room # 319. She has improved and may get to go home this week.

James Pauli, Patrick Pauli's father recently had a toe removed due to his diabetes. Please keep this family in your prayers.

Nelda Bell Newton is just getting over pneumonia. **Nelda's** sister and daughter and other family members are just getting over Covid. Also, **Nelda** will be retiring soon.

Karen Rathbun's surgery went well. She had her surgery on Thursday and went home on Friday. She had to go back to ER on Saturday because of pain.

Dorris Walker is not feeling well.

Elizabeth Garrison has been exposed to Covid and is quarantine until December 21st.

Delia Watley will start the Ladies Class back on January 5th, these classes will be quarterly. They will be April 5th, July 5th, and October 4th. The first class will be on the book of Philemon. These classes will be held in the annex from 6:00 p.m. -7:15 p.m.

5th Sunday Singing will be on Sunday, December 31st. There is a sign-up sheet in the front foyer for songs you want to sing.

<u>Greeters</u> scheduled for Sunday Morning – <u>December 24, 2023</u>

Front Foyer: *Elizabeth Garrison & Jeanene Heilman* **Back Foyer:** *Joseph Paul & Myrtle Wade*

CALENDAR OF EVENTS

12/13/23 – Wednesday Night Bible Study – 6:30 pm $12/31/23 - 5^{th}$ Sunday Singing 1/5/24 - Delia Watley's class

DECEMBER BIRTHDAYS

| Grady Fowler | 12/1 |
|--------------------|-------|
| Virginia Stull | 12/6 |
| Elizabeth Garrison | 12/13 |
| Daniel Rodriguez | 12/14 |
| Carol Lee | 12/24 |
| Brenda England | 12/29 |
| Dolores Bernal | 12/30 |

DECEMBER ANNIVERSARIES

| Mike & Sharon Haynes | 12/24 |
|----------------------|-------|
| David & Judy Odom | 12/31 |

THOSE TO SERVE ON: December 24, 2023

Announcements – Darrell Allen

Song Leaders – a. m. Darrell Allen p. m. Jerry McKey

Prayers – a.m. Richard Renfro Joseph Paul

> p.m. Dean Webb Darrell Allen

Scripture Reading – a.m. Jerry McKey 1 Corinthians 8-13 p.m. David Cofer 2 Timothy 4:1-2

Lord's Table – (Both Services) Dean Webb & Walt LaHaye

| ATTENDANCE & BUDGET NUMBERS | | | | |
|-----------------------------|---------------|----------|---------|--|
| | 12/17/23 | YTD Avg. | Goal | |
| Sunday Clas | s 31 | 33 | 100 | |
| A.M. Worsh | i p 61 | 62 | 150 | |
| P.M. Worshi | p 31 | 36 | 80 | |
| Wed. Class | 28 | 29 | 85 | |
| Contribution | \$21,283 | \$4933 | \$4,871 | |

MISSIONARIES SUPPORTED

Willie & Del Gley – Ghana/Togo, Africa **David & Paula Tarbet** – New Milford, CT Matthew & Emma Idowu Fola – Lagos, Nigeria **Rohan & Sandra Jones** – *Cape Town, South Africa* Elangwe & Magdaline Gregory – Wotutu, Cameroon

OTHERS SUPPORTED

Christ's Haven Children's Home – Keller, Texas **Foster's Home for Children** – Stephenville, Texas **Mission Printing Worldwide Literature Distribution**

STUDENT PREACHERS SUPPORTED

Brown Trail School of Preaching – Jose Mata

"And do not be drunk with wine, in which is **dissipation**; but be filled with the Spirit," Eph 5:18 NKJV "But be on your guard, so that your hearts will not be weighed down with **dissipation** and drunkenness and the worries of life, and that this day will not come on you suddenly, like a trap;" LK 21:34 NASB

Dissipation, apart from the scientific meaning, I do not think I have ever seen it used except in scripture. According to the Merriam-Webster online Dictionary it means: dispersion, diffusion, dissolution, *wasteful expenditure*, intemperate living, *an act of self-indulgence*. In place of dissipation, other bible translations will use debauchery or wild, riotous living.

In the parable of the Prodigal Son, our Lord gives us a vivid example of the word:

"Not many days later, the younger son gathered all he had and took a journey into a far country, and there he squandered his property in reckless living." ESV Luke 15:13

Are we free of dissipation in our lives? Having put on the Lord in baptism, we know that debauchery and wild, riotous, reckless living should not be known among us. How about the wasteful and or self-indulgent facets of dissipation? Is our life, our time, energy and efforts focused, as it should be, on the upward call (Phil. 3:14) or attentive to the shiny things of this world? Is what we are investing ourselves in lawful, edifying of God and profitable to His service? (1 Cor 6:12, 10:23) Have a wonderful, productive week in the Lord and please examine your life often while doing so. (2 Cor. 13:5) May none of it be deemed dissipation, all for nothing or a wasted effort.

-----Darrell Allen------

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